

## First Aid at Work Re-Qualification

### Course Aim

To provide those that have already done a 3 day First Aid at Work qualification (the certificate, that is not out of date by more than 1 month, as evidence needs to be sent prior to attending) an in-depth update to their understanding and practical knowledge of the skills in First Aid to enable them to:

**Prevent** injuries becoming worse, **Promote** recovery, **Preserve** life

Candidates gain knowledge and understanding of more serious injuries along with multiple casualties in simulated exercises

### Objectives

Upon successful completion of the training program candidates will have a good understanding of:

- The Law relating to First Aid
- Communication and delegation
- Recovery Position
- CPR / AED usage
- Choking
- Asthma and Hyperventilation
- Minor and Major Bleeding
- Asphyxia
- Shock
- Electrocutation
- Epilepsy and Diabetes
- Heart Conditions
- Head Injuries
- Breaks, Dislocations and Burns
- Strains and Sprains
- Poisoning

The course is taught over 2 days

Candidates complete through practical assessment and an examination to prove competency.

The Training Company is registered with the following companies:

